

A photograph of a woman with long hair, wearing a flowing white dress, dancing joyfully in a field of tall grass and wildflowers at sunset. The sun is low on the horizon, casting a warm golden glow over the scene.

Book Now

LIMITED
SPACE
AVAILABLE

WOMEN'S NATURE + WELLNESS RETREAT

nurture | rejuvenate | renew | heal

Fresno, CA

June 9 to 13, 2022

conservationwild.org





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AVAILABLE

Join us

Are you a woman devoted to nature and conservation?

Our 5-day, 4-night nurturing retreat, in the heart of California, is for YOU: the DIVINE GIVERS; women who live to invest their love in creating a better, brighter present and future for humans, animals and planet Earth. Come together in a safe community of like-minded women as we reconnect to nature, to self and to our purpose.

We recognize the strength, resilience, and dedication it takes to devote yourself to protecting Mother Earth. We welcome you to receive, rest, and renew through nature and collective healing.

Conservationists | Nature Enthusiasts | Photographers | Artists | Researchers | Filmmakers



Our Time Together

- Heart-centered healing sessions
- Laughter + Dance + Joy
- Nourishing, delicious, seasonal meals
- Campfire stories + starry nights
- Guided Tension + Stress Release (TRE©)
- Hot tub soaks + pool dips
- Nature walks + journaling
- Guided meditation
- Movement as medicine
- Gentle restorative + vinyasa yoga
- Sacred ceremony
- Open hearted community + friendships

Limited Space Available
RSVP: womensnatureretreat@gmail.com

conservationwild.org



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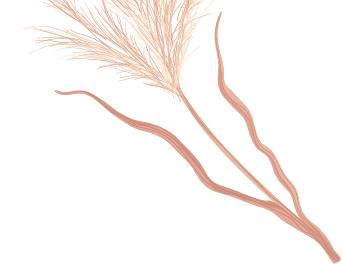
Your Experience

Immerse yourself in Sisterhood, Nurturing and Nature!



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Location

The retreat will be held at Great Horn Ranch, a private countryside estate in the foothills of the Sierra Nevada mountains in Central California (15 minutes from Fresno Yosemite Airport). Indulge in yoga, healing therapies, quiet time for personal reflection, connection with nature and like-minded community, gorgeous accommodations and nourishing local vegetarian food prepared by Chef Myer with love and intention.



Accommodation Options include: "Private King En Suite", "Loft King" room, "Private Queen" room, the "Adventure Bunk Room", the "Safari Tent", the "Travel Trailer" and "Bring your own Tent". Sharing with friends is encouraged! (*see below for full descriptions/pricing)

Location: Great Horned Ranch
13973 E | Gettysburg Ave | Sanger Ca, 93657
RSVP: womensnatureretreat@gmail.com



Health + Safety

Your safety is a top priority to us. Our retreat will be limited to a maximum of 15 participants. The majority of sessions will be held in outdoor and open air natural space. All those attending are required to submit a negative COVID test (*including staff/support team).

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Meet Our Team

Amber Herzog Lyman, Facilitator



Amber is a poet, film writer, adventurer and Earth ambassador raised on Great Horned Ranch; she guides yoga, meditation and outdoor exploration connecting self, nature, community, and consciousness. Her work explores the sacred power of the divine feminine in each of us, aligned with the needs and nourishing forces of Mother Earth, centered upon interconnected survival, creative co-existence and love. She is a life-long student of yoga and meditation, with 20 years' practice and RYT-500 certification. She travels worldwide to explore energetic connection among human / animal realms through the ancient lenses of Hawaiian Shamanism, Buddhist meditation, traditional yoga and pranayama.

Jennifer Palmer, Facilitator

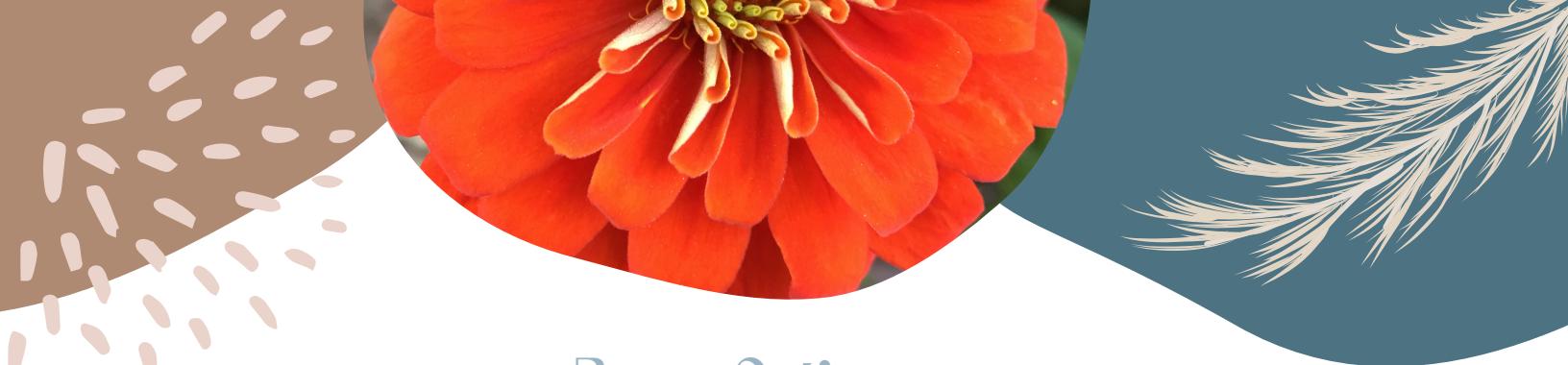


Impassioned women + travel leader, wellness coach and intrepid lover of the wild. With a masters in international applied ecology and conservation, she elevates meaningful causes and purpose-driven projects through mindfulness and compassion. As the founder of [Women for Wildlife](#) and [JenPalmerGlobal](#), she gives rise to those who strive to have a positive and authentic (*kick-ass*) impact on our world. With two decades of professional experience, wildlife research and wilderness expeditions in over 45+ countries across the globe, she believes that together we can create a paradigm shift in how we connect to nature and co-exist in harmony.

April Kelly, Host and Founder, [Conservation Wild](#)



April is a conservation biologist, wildlife filmmaker and children's book author. She holds a master's degree in Zoology/Wildlife and Environmental Conservation and bachelor's degrees in Anthropology and Geography. She has spent over a decade doing fieldwork in remote locations with hundreds of different species and has extensive travel experience in over 100 countries. Combining her passion for animals and her love for other cultures, she created Conservation Wild to protect species of wildlife while also supporting local and Indigenous communities around the world.



Room Options

"Private King Guest House" is a stand-alone guesthouse in a central location. It features a king bed, luxurious bathroom with shower, mini-kitchen with sink and fridge, beautiful views and plenty of space. It is perfect to share with a friend, or book solo to allow for maximum privacy.*

"Loft King" room is a spacious, open second-story loft overlooking the main house living room. It features a private deck and the most stunning views of the property, as well as plenty of storage space. This room can easily be shared with a friend.* Guests will utilize the upstairs bathroom (shared with the Queen room), which has ample space, a large shower, sink and toilet. (Please note that this room is only accessible by stairway)

"Upstairs Queen" room is a cozy, quiet, second-story room with lots of privacy. It features a queen bed, dresser and nightstand for storage. Guests will utilize the upstairs bathroom (shared with the Loft King room), which has ample space, a large shower, sink and toilet. Friends can register together if you're comfortable sharing a queen bed.* (Please note that this room is only accessible by stairway)

"Adventure Bunk Room" is a cozy space that accommodates two guests,* and is set just off the main house kitchen. It features comfy spacious bunks, a dresser and nightstand for storage. Guests will utilize shared bathrooms, including a small powder bath directly across the hall, and the "Red Granite Bath," which features a huge open space, a large soaking tub, glass-enclosed shower, sink and toilet.

"Safari Tent" is a permanent canvas tent with wood floor and bunk beds.* Think "summer camp, all grown up." It features comfy mattresses and plush bedding, but has limited storage space. It is set in a gorgeous green lakeside setting, with lots of outdoor seating and a campfire gathering place. Please bring your own pillows and towels (or contact us if you need loaners).

"Travel Trailer" is a luxurious 23-foot cabin on wheels, with a beautiful interior, a private queen room and two full-size bunks. Guests will have access to flush toilets and showers at the campsite, and/or can access the main house showers if they prefer. Please bring your own sleeping bag, pillows and towels (or contact us if you need loaners).

"Bring my own tent" means camping for real. Guests will have access to flush toilets and showers at the campsite near the "Safari Tent." Please bring your own tent, sleeping bag, mat/air bed, pillows and towels. Sharing with friends is encouraged!

*If sharing a room, please be sure to designate your roommate in the registration form. Both guests must be registered and paid to confirm the shared booking.



Pricing

Pricing includes 4 nights' accommodation Thursday-Monday, all meals and snacks, and all group classes and sessions. Ground transportation to/from Fresno Yosemite Airport to Great Horn Ranch provided.

Option 1 - Private King Guest House Single \$2,000 (per person, single occupancy)

Option 2 - Private King Guest House Shared \$1,850 (per person, double occupancy)

Option 3 - Loft King Single \$1,900 (per person, single occupancy)

Option 4 - Loft King Shared \$1,850 (per person, double occupancy)

Option 5 - Upstairs Queen Single \$1,800 (per person, single occupancy)

Option 6 - Upstairs Queen Shared \$1,650 (per person, single occupancy)

Option 7 - Adventure Bunk Room 2 Bunks \$1,600

(this room is double occupancy with two beds; book with a friend and specify your roommate, or designate "open to sharing" to be matched with a roomie)

Option 8 - Safari Tent Bunks \$1,300

(this large built-in safari tent is double occupancy with two beds; book with a friend and specify your roommate, or designate "open to sharing" to be matched with a roomie)

Option 9 - Queen Travel Trailer \$1,450

(this luxury travel trailer is triple occupancy with three beds; book with friends and specify your roommate/s, or designate "open to sharing" to be matched with a roomie)

Option 10 - Full Bunk Travel Trailer \$1,350

(this luxury travel trailer is triple occupancy with three beds; book with friends and specify your roommate/s, or designate "open to sharing" to be matched with a roomie)

Option 11 - Bring My Own Tent \$1,150

*Some rooms offer shared occupancy; if you're booking with a friend, PLEASE GIVE US THEIR NAME in your registration notes. Shared rooms are not guaranteed bookings until both/all guests are registered + deposits paid.

*Deposit of \$500 is due by May 1 and full payment is due by May 10.





Photo Gallery



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